
SUGGESTED PARENTING BOOKS

We currently list a number of books of interest to parents. It is a list which will change and be added to over time.

We choose books based on how helpful, interesting, and well written we believe they are. This list is far from comprehensive, but it is offered for your enjoyment and learning. If you want to send us the names of parenting books you especially like, please email us.

If you would like, you may click on the link to Amazon for any of the books you might like to purchase.

Penelope Leach

The First Six Months

Perhaps our favorite book about early infancy – but unfortunately out of print. However, there are often inexpensive used copies available at the large internet book sellers, such as Amazon and Barnes and Noble. Very helpful to read while pregnant or in the first few months of your child's life.

Wendy Mogel

The Blessing of a Skinned Knee

Although written from a Jewish perspective, parents of many persuasions find this book a charming and practical approach to raising elementary school age children with a secure structure and appreciation of what is sacred.

Adele Faber and Elaine Mazlish

How to Talk So Kids Will Listen & Listen So Kids Will Talk

See coments under the following book.

Siblings Without Rivalry

Both of these books are classics, helping parents cope with distressing issues that come up when raising children. Their use of cartoons makes them easy and enjoyable to read and to remember. Useful for parents of children from preschool through teenage.

Richard Primason

Choice Parenting

A practical book for helping parents connect more easily with their children and to avoid criticizing, correcting, and coercing. Most interesting for parents of school age children and adolescents.

Ellen Handler Spitz

The Brightening Glance

Delightful essays on imagination and childhood which help parents develop their children's self esteem and creativity. Especially of interest for parents of children 3-10.

Inside Picture Books

Provides fascinating new cultural and psychological insights into the picture books we read to our children, such as Good Night Moon, Where the Wild Things Are, etc. Especially for parents of children from 1-6.

Ron Taffel

Parenting by Heart

See below.

Nurturing Good Children Now

These and other books by Dr. Taffel are warm and supportive of parents while showing ways to connect with their children and help them to strengthen their inner selves. Primarily for parents of school age children, but also may be useful for parents of teens, along with other books about teens by the same author.